

Stroke and COVID-19

Every 40 seconds, someone in the United States has a stroke²... even during a pandemic. It is important to remember that while the threat presented by COVID-19 is credible, hospitals and clinics have safety measures in place to protect you from infection. There are many health conditions, including stroke, where delaying treatment may result in increased risk of death or debilitation. Getting the care needed to address stroke risk is important to increase the chance of getting better sooner and limiting the potential for long term health damage.

Every Year

15 MILLION

people worldwide suffer a stroke³



6 MILLION
DEATHS

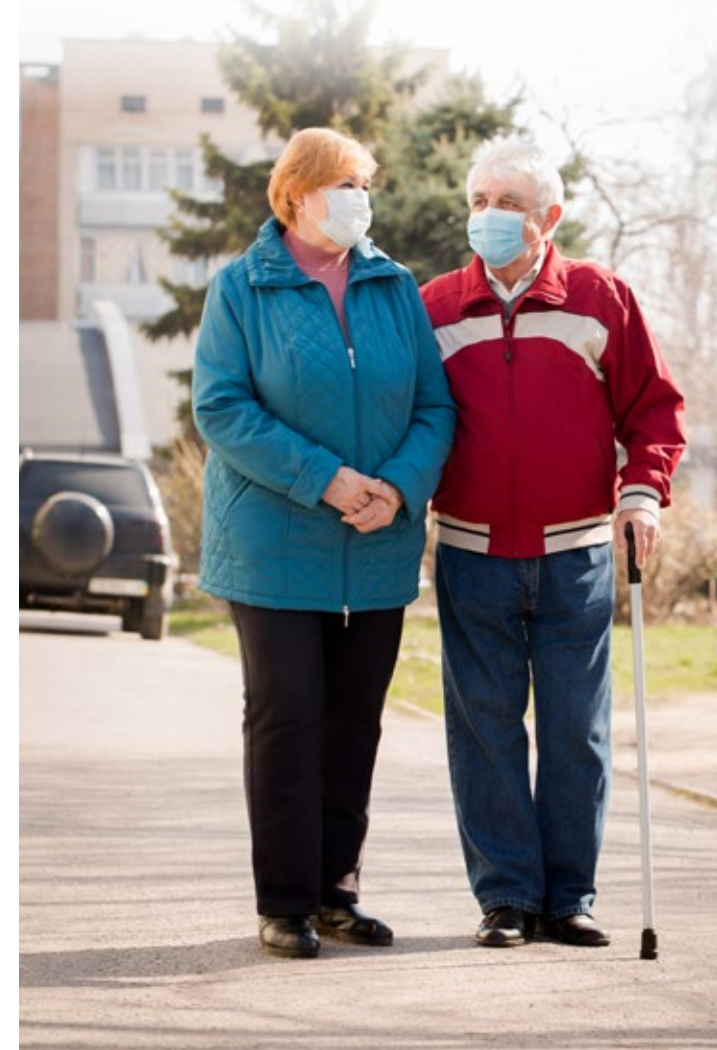
5 MILLION
PERMANENT
DISABILITIES

¹ <https://vascular.org/patient-resources/vascular-conditions/carotid-artery-disease>
² <https://www.cdc.gov/stroke/facts.htm>
³ <https://www.world-stroke.org/world-stroke-day-campaign/why-stroke-matters/learn-about-stroke>

CAROTID ARTERY DISEASE DURING A PANDEMIC

1/3¹

of Strokes Originate in
Carotid Arteries



Carotid Artery Disease

The carotid arteries are the main arteries in your neck that supply blood to your brain. A substance called plaque accumulates inside your arteries as you age. If too much plaque builds up in your carotid artery, it can cause the artery to narrow.¹

What Causes A Stroke?

Small clots can form, then break off and travel to the brain, causing a minor or major stroke.¹



87% of strokes are caused by **blocked arteries**²

Don't Ignore the Symptoms

There may be no symptoms in the early stages of carotid artery disease, and stroke could be the first sign of the condition.

Stroke typically has warning signs, referred to as mini-strokes or transient ischemic attacks (TIAs).¹

If you have any of the symptoms below, seek emergent care immediately and call 911 to prevent further brain death.

Suspect a Stroke? Remember **F.A.S.T.**

FACE

Look for uneven smile.

ARMS

Check if one arm is weak.

SPEECH

Listen for slurred speech.

TIME

Call **911** right away!

Stop Stroke Before It Happens



80% of strokes are **preventable**²

Carotid artery disease is typically silent. Know the risk factors.

You may be at risk if you have **two or more** of the following:



HIGH CHOLESTEROL



HIGH BLOOD PRESSURE



TOBACCO SMOKING



FAMILY HISTORY

carotid artery disease or similar vascular disease

Talk to your doctor about a carotid screening.

It could possibly save your life.

