# **CCA Exposure and Transcarotid Access**



"The TCAR procedure hinges on arterial access" - Dr. Richard Cambria, MGH

## **CCA EXPOSURE**

### Expose ~3cm of CCA

Distal 1cm - Partially dissect

Mid 1cm - Partially dissect

Proximal 1cm - Fully dissect

Key Point: Stabilize CCA for micropuncture access and Arterial Sheath insertion

		DISTAL
1cm	Safety Window	^
1cm	Puncture	
1cm	Clamp	V
		PROXIMAL

## PRE-SUTURE ARTERY

### Location of Suture

#### Mid CCA

Place pre-close stitch based on desired needle puncture site

### **Allow for Safety Window**

- Extra distance between pre-closure stitch and distal CCA
- Key Point: Limit big or deep suture bites to prevent
  - Bunching of artery on Arterial Sheath removal
  - Anterior wall hematoma and/or dissection



## **ARTERIAL TRACTION**

Key Point: Artery stabilization during micropuncture access is critical.

Variable methods exist to stabilize the CCA: 1/8" umbilical tape, clamp, fingers, etc.

Note changes in vessel shape (ovalization/flattening)



## **NEEDLE ACCESS**

## Micropuncture Needle - Mid 1cm of CCA

- Key Point: Stick needle slowly and carefully into round (not ovalized) portion of the artery. The CCA can be retracted (or not) to facilitate this step.
  - Use shallow angle to promote atraumatic wire & sheath insertion.
  - Puncture in-line and central to arterial lumen





Avoid sticking posterior wall



## **ADVANCE 0.018 MICROPUNCTURE WIRE**

#### Advance 0.018" wire:

- Use DUS in advance, to measure CCA length and to plan 018 microwire insertion length
- Insert wire (4cm or more if possible).

  Be mindful of bifurcation location and disease.
  - > More wire = more support for microsheath
- Ensure wire tip moves freely in artery on advancement





## **MICROPUNCTURE SHEATH INSERTION**

Remove needle w/out losing wire access

### Advance MP sheath proximal to bifurcation

• Measure and have at least 2-3cm inside artery

### Appropriate traction is important to ease entry angle

Key Point: Primary and 2nd Operators must properly coordinate traction, sheath insertion, and guidewire stabilization





## PREP FOR ANGIOGRAM

### While stabilizing micropuncture sheath with left hand

- Remove 0.018" wire & dilator
- Attach extension tubing to run angiogram
- Key Point: Do not inadvertently advance micropuncture sheath without wire and dilator inserted





Sheath movement can result in dissection

## **ENGAGE EC VS. STOP SHORT**

Recommend Engage EC Recommend Stop Short

CCA is 5-7cm & proximal EC <50% stenosis without significant angulation at EC origin

CCA is >7cm

CCA is 5-7cm & proximal EC is >50% stenosis

